CoCreating Clarity Workshops
Westford, MA

CoCreating Clarity offers you these brilliant opportunities to face your challenges in a light and engaging setting, together with others in similar circumstances.

You actually begin to experience your innate ability to navigate whatever is in front of you. Each two-hour workshop is designed to introduce you to CoCreating Clarity and start you in the direction of the results you want. To deepen your awareness, discovery and choice, schedule a individual CoCreating Clarity consult.

Choose the workshop that best meets the challenge you face, and call/email to register.

Love the Work You Have invites you to take a leadership role and reshape your daily experience with work - both for your own satisfaction, and for the bottom-line success of the company you're with. Whatever you're facing at work - a new business opportunity, a new project start-up, integrating new hires, building a new team; or simply poor communication, conflicts, inter-personal relationship, or trust issues, and other 'undiscussables' that keep you and others feeling frustrated and ineffective; and that adversely affect the company's bottom line - bring it with you to share. Begin to discover the results you really want for yourself and for your company, and the fears that may be holding you back. This workshop is highly effective for work teams and for individuals.

Get Unstuck and Keep Moving invites you to take ownership of your life in a new and refreshing way. Whatever you are facing - a new opportunity, a mid-life transition, an important decision, a difficult relationship or conflict, or something that you're stuck on perhaps, and frustrated about the lack of progress you're making. Bring it with you to share and begin to discover the results you really want for yourself, and what may be holding you back from living your best life.

Is This All there Is? What do I do Next? is an invitation to all who are at a turning point in their lives, feeling all at once empty and overwhelmed. Whatever you're facing - the work you loved is no longer satisfying? You're caring for a senior? You're in between jobs? The kids have just left for college? Your spouse is about to retire? Or you're just plain worn out from all the demands you are juggling? – bring it with you to share and begin to discover how to put yourself back into the picture, the results you really want to create, and the fears that may be holding you back.

Step up and Build a Resilient Family invites you to be a role model for creating strong, respectful, and interdependent families. Whatever you're facing - a family disagreement or conflict, an important decision or transition, or some ongoing unresolved frustration that creates daily disharmony in family life. Bring it with you to share and begin to discover the results you really want for yourself and for your family, and the obstacles that may be holding you back.

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You Bring the Workshop Content and Focus

Whichever workshop you choose, it is your experiences and your specific challenges that become the focus and the material for these engaging, fun, and productive workshops.

- You bring the ***specific*** challenge or issue you are ***currently*** facing.
- Together, we look squarely at what is actually in front of you; and with good humor (and a side of good chocolate!) you start to uncover root causes.
- You have the opportunity to ***begin*** to work through your own issue as you participate in an example or two that will be the focus of the whole group.
- You leave with some ***practice***, and with the ***choice*** to keep moving one step at a time, discovering new options along the way, and ***a new freedom to take action*** and get the results you really want.

Choose the workshop that best meets the challenge you face, and call/email to register.

Or schedule an individual consult to deepen your awareness, discovery and choice.

Christina Strutt works with individuals and small groups, offering a unique synthesis of forty years of her endeavors surviving and thriving as engineer, manager, educator, innovator, catalyst, researcher, community-builder, cross-cultural bridger, peace-maker, daughter, wife, mother, sister, neighbor and friend.

AWARENESS >> DISCOVERY >> CHOICE >> ACTION

For workshop dates and to register, contact:

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